

CATALOGUE 2025

ENGLISH

Books and resources for
Vocational Training



The books include access to
our **MULTIMEDIA RESOURCE
PLATFORM** with Listeners,
Videos and other resources.

ALTAMAR

This books have a lot more than meets the eye!

Read carefully the instructions for using this book.

Activate your access to our
MULTIMEDIA RESOURCES PLATFORM

The units are structured in different sections



Situation
and reading



Listening



Vocabulary



Grammar



Grammar
reference



Make it Real!

» Writing
» Speaking

Each section has different activities to be done in your notebook or in your Workbook. Besides this, in a contextualized way, we indicate with icons the multimedia resources that you can consult on our platform.

You may find:



Audio
resources



Video or
animation



Video
gallery



Interactive
resources

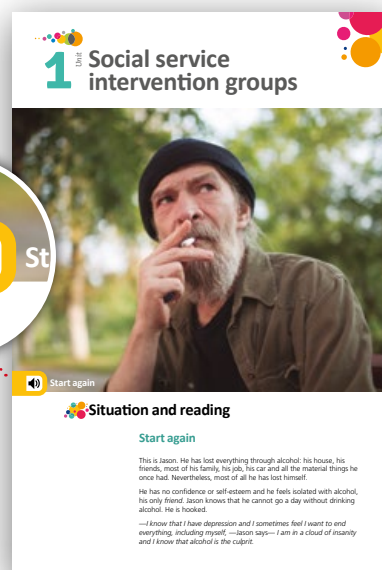
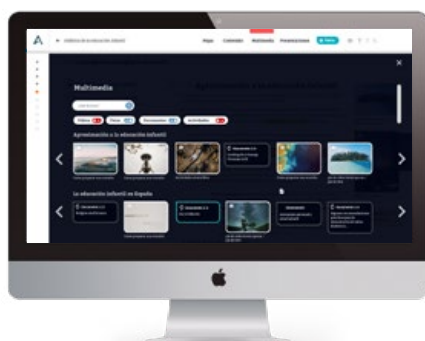


Link



Document

When you find an indicative icon, look for
the resource on our platform.



Teachers'
material

Módulos transversales

NEW!



English For Vocational Training (GM)

Work units:

1. Stay safe.
2. Get the message across.
3. Customer first.
4. Time hack.
5. Tech power.
6. Lead the way.
7. Embracing diversity.
8. Business boss.
9. Green future.

Authors: Carme Prades,
Maria Pineda Badia
ISBN CLASSBOOK: 978-84-19780-65-2
ISBN WORKBOOK: 978-84-19780-66-9

Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**

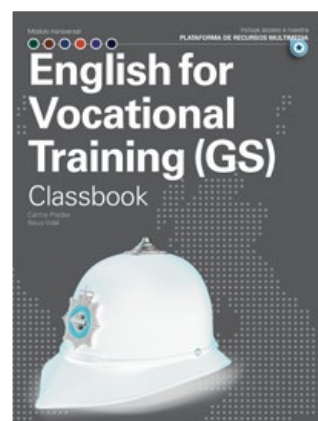
English For Vocational Training (GS)

Work units:

1. Navigating crisis.
2. Driving projects.
3. Inspire, decide, lead.
4. Tech evolution.
5. Bridging cultures at work.
6. Innovative forward.
7. Financial power.
8. People first.
9. Strategies at work.

Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**

NEW!



Authors: Carme Prades,
Maria Pineda Badia
ISBN CLASSBOOK: 978-84-19780-67-6
ISBN WORKBOOK: 978-84-19780-68-3

**By activating access to the
Multimedia Resources
Platform, you will see
specific activities for
your training cycle.**

PROFESSIONAL FAMILIES:

- Health
- Sociocultural and community services
- Hospitality and tourism
- Physical and sports activities
- Personal image
- Electricity

TRAINING CYCLES:

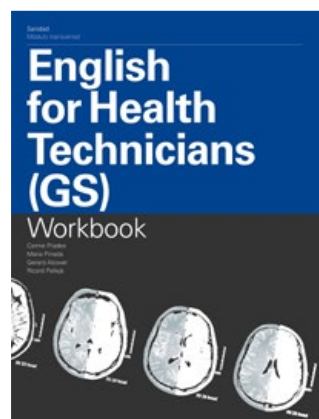
- Nursing auxiliary care
- Health emergencies
- Pharmacy and parapharmacy
- Clinical and biomedical laboratory
- Early childhood education
- Social integration
- Guide in the natural environment and
- free time
- Equestrian activities
- Teaching and social-sports animation
- etc.

Módulos transversales

Familia de Sanidad



NEW!



English For Health Technicians (GS)

Contents:

1. Introduction to the Profession.
2. Communication in the Healthcare Environment.
3. Patient Care and Support. Healthy Style.
4. Anatomy and Physiology of the Human Body.
5. Pathology of the Human Body.
6. Specific Techniques and Procedures.
7. Diagnostic Methods.
8. Documentation and Data Recording.
9. Quality Management and Workplace Safety.



Includes access to our
MULTIMEDIA RESOURCE PLATFORM

Authors: Carme Prades, Maria Pineda Badia,
Gerard Alcover, Ricard Pallejà
ISBN CLASSBOOK: 978-84-19780-69-0
ISBN WORKBOOK: 978-84-19780-70-6



Cuidados auxiliares de enfermería

Ciclo formativo de grado medio

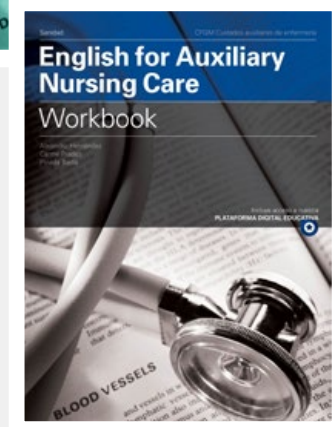
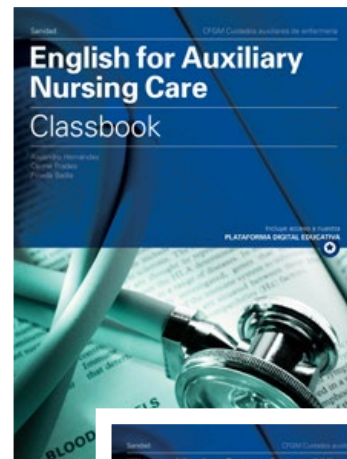
English for Auxiliary Nursing Care

Contents:

1. National Healthcare System.
2. Care for dependant people.
3. Health promotion and psychological support.
4. Anatomy and physiology.
5. Immobilisation and mobilisation.
6. Symptoms and vital signs.
7. Hygiene needs.
8. Dietetics and nutrition.
9. Oral and dental hygiene.
10. CPR and other first aid procedures.

 Includes access to our
MULTIMEDIA RESOURCE PLATFORM

Authors: Alejandro Hernández,
Pineda Badia, Carme Prades
ISBN CLASSBOOK: 978-84-19780-32-4
ISBN WORKBOOK: 978-84-19780-33-1

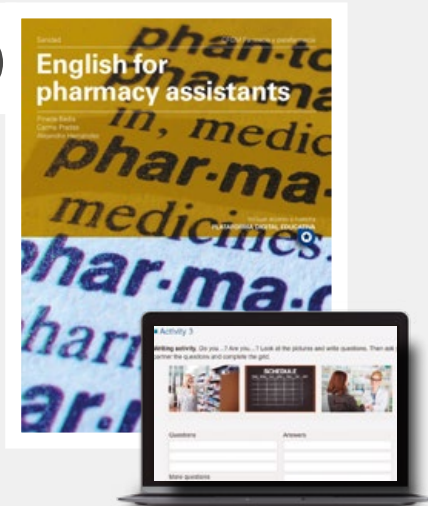


Farmacia y parafarmacia

Ciclo formativo de grado medio



Teachers'
material



English for pharmacy assistants

Contents:

1. National Health Care System.
2. Pharmacy shop.
3. Health promotion and psychological support.
4. Anatomy and physiology.
5. Symptoms and vital signs.
6. Marketing and OTC products.
7. Prescriptions and dispensation
8. Dietetics and nutrition.
9. Magistral preparations and laboratory.
10. CPR and other first aid procedures.

Authors: Pineda Badia, Carme Prades, Alejandro Hernández.
ISBN: 978-84-17872-50-2

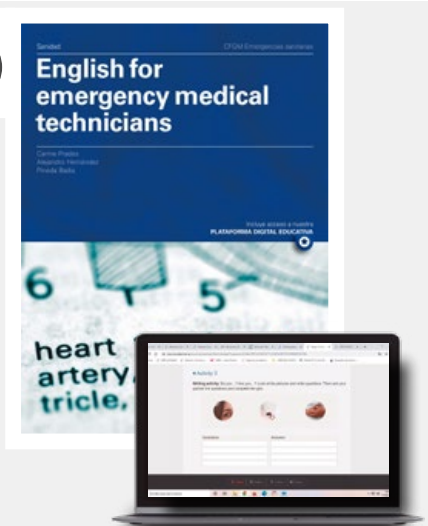
Includes access to our
**MULTIMEDIA RESOURCE
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Teachers'
material

Emergencias sanitarias

Ciclo formativo de grado medio



English for emergency medical technicians

Contents:

1. National Health Care System.
2. Ambulances: materials and maintenance.
3. Health promotion and psychological support.
4. Anatomy and physiology.
5. Symptoms and vital signs.
6. Immobilisation and mobilisation.
7. EMS dispatch centre and Tele-assistance.
8. Emergency logistics and mass casualty incidents.
9. CPR and other first aid procedures.

Authors: Carme Prades, Alejandro Hernández,
Pineda Badia ISBN: 978-84-17872-32-8

Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**

Guía en el medio natural y tiempo libre

Ciclo formativo de grado medio



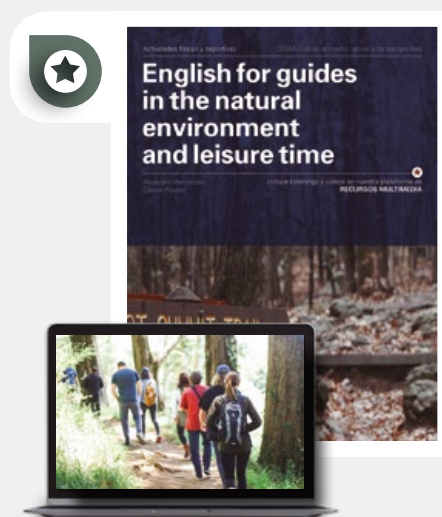
Teachers'
material

English for guides in the natural environment and leisure time

Contents:

1. First aid and aquatic rescue.
2. Horse riding.
3. Bicycle riding.
4. Climbing and caving
5. Hiking.
6. Snow activities.
7. Leisure groups
8. Swimming.
9. Natural aquatic environment.
10. Business.

Authors: Carme Prades, Alejandro Hernández
ISBN: 978-84-18843-44-0



Acondicionamiento físico Enseñanza y animación sociodeportiva

Ciclo formativo de grado superior



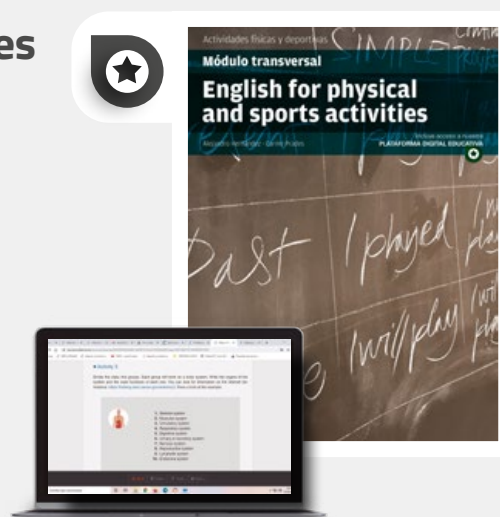
Teachers'
material

English for physical and sports activities

Contents:

1. Anatomy and postural control.
2. Physical condition and motor skills.
3. First aid and injuries.
4. Athletics.
5. Aquatics.
6. Sports with implements.
7. Team sports.
8. Gym activities.
9. Leisure, environment and social inclusion.

Authors: Alejandro Hernández y Carme Prades
ISBN: 978-84-17872-02-1



Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**

Atención a personas en situación de dependencia

Ciclo formativo de grado medio



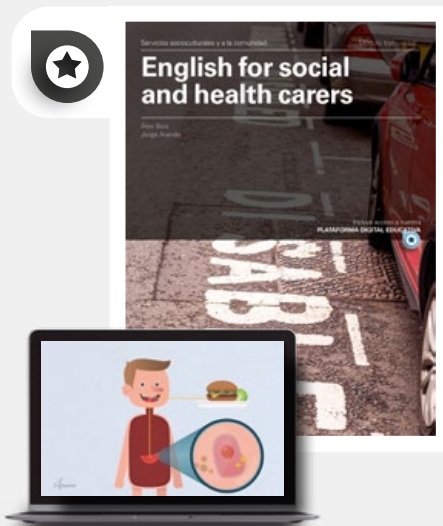
Teachers'
material

English for social and health carers

Contents::

1. Introduction.
2. Your basic training.
3. In the hospital.
4. The call centre.
5. Home caring.
6. The nursing home.
7. The day care centre.
8. Independent living.
9. Preparing summer holidays.
10. Business.

Authors: Àlex Boix, Jorge Aranda.
ISBN: 978-84-17872-31-1



Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**



Teachers'
material

Integración social

Ciclo formativo de grado superior

English for social integration and services

Contents:

1. Social service intervention groups.
2. Training in personal autonomy skills.
3. Home support services.
4. Socio-labour insertion resources.
5. Socio-cultural animation resources.
6. Alternative communication
7. Intervention for equality.
8. Cognitive loss and stimulation techniques.
9. Social skills and conflict resolution.
10. First aid.

Authors: Carme Prades, Neus Vidal
ISBN: 978-84-18843-28-0



Includes access to our
MULTIMEDIA RESOURCE PLATFORM

Teachers'
material

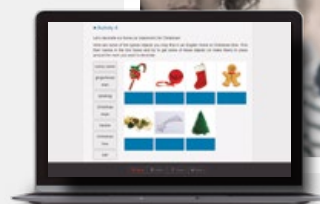
Educación infantil

Ciclo formativo de grado superior

English for early childhood carers and educators

Contents:

0. **Introduction:** Situation and reading: Your new job! Vocabulary: School staff, Facilities, Students' profile. Timetable Grammar: To be, To have or have got, Subject pronouns, Possessive adjectives. A, an, the, plurals and demonstratives, Saxon genitive.
1. **Monday:** Situation and reading: Welcome day! Vocabulary: Classroom objects, Welcome song, Emotions and feelings, The weather. Grammar: There is/there are, How much/how many. Countable and uncountable nouns, Some, any, Present simple and adverbs of frequency.
2. **Tuesday:** Situation and reading: Anne's ill!. Vocabulary: My body, Usual illnesses and symptoms. Grammar: Present simple/present continuous, Comparatives and superlatives, Order of adjectives. It's Christmas! Situation and reading: Christmas time! Vocabulary: Family, Presents and traditions, Christmas songs, Winter sports.
3. **Wednesday:** Situation and reading: I went to London!. Vocabulary: Travelling and tourism. Grammar: Past simple of the verb to be, There was/there were, Past simple and present perfect, Already, just, still & yet.
4. **Thursday:** Situation and reading: Mum and Dad! Vocabulary: Different types of families, Our house, Lullabies, Professions. Grammar: Past continuous, Past simple and past continuous, Adverbs of manner and degree. Easter break: Situation and reading: Spring break. Vocabulary: Spring time, Countries and Nationalities, Food, Traditions: festivities and celebrations.
5. **Friday:** Situation and reading: It's my birthday! Vocabulary: Let's cook, Recipes: birthday cake, Happy birthday songs. Grammar: Future with present continuous, Future simple will, Be going to, Modal verbs.
6. **Weekend:** Situation and reading: A day out! Vocabulary: Nature, Tales, Games and toys. Grammar: Passive voice, Defining relative clauses, Conditionals, Phrasal verbs. Summer time! Situation and reading: Mother Earth. Vocabulary: Recycling, Pets and wild animals, Summer sports.



Authors: Àlex Boix, Jorge Aranda.
ISBN: 978-84-17872-30-4

Includes access to our
**MULTIMEDIA RESOURCE
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Teachers'
material

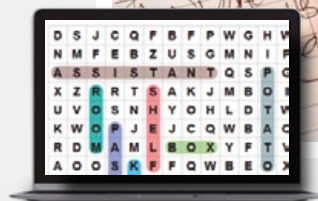
Hostelería y turismo Industrias alimentarias Módulo transversal

English for kitchen and restaurant staff

Contents:

1. The restaurant: layout and equipment. || 2. Restaurant staff. || 3. Good hygiene practices in restaurants. || 4. Raw material supply: order, receipt and storage. || 5. Different culinary techniques. || 6. Back of house preparation: mise en place. || 7. Setting up front of house and restaurant hosting. || 8. The service. || 9. Desserts and drinks. || 10. Post service.

Author: Carme Prades ISBN: 978-84-17872-92-2



Includes access to our
**MULTIMEDIA RESOURCE
PLATFORM**

Con RA

Material de apoyo al profesorado

Altamar pone al alcance del profesorado que utilizan los libros del catálogo toda una serie de material didáctico muy útil a la hora de impartir las clases.



Guía didáctica y Programaciones



Solucionario



Evaluaciones



Presentaciones por unidades



Vídeos, animaciones, interactivos y audios



Libro media



Calificador



Actividades extra de *Reading, Listening, Grammar y Vocabulary*

ATENCIÓN AL PROFESORADO

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Listado de publicaciones:

Accede a todas las publicaciones de ALTAMAR en ciclos formativos.